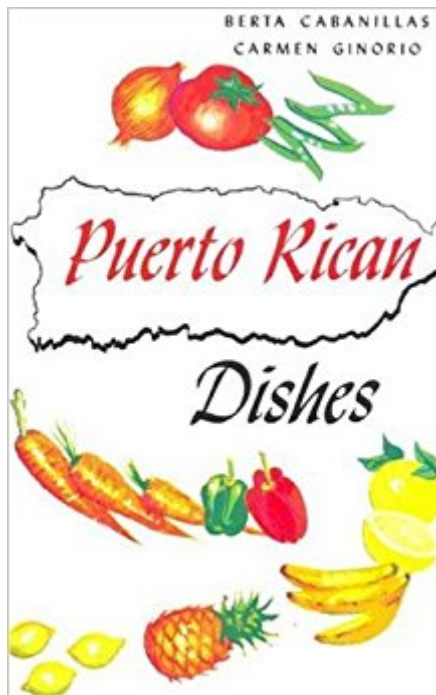


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# Puerto Rican Dishes (Cookbook)



## Synopsis

Version en inglés de *Cocine a Gusto*, ofrece una colección representativa de platos puertorriqueños. Puerto Rican cookbook – “Cocine a Gusto” –. Easy-to-follow recipes designed to provide Caribbean cooking enthusiasts with a fine taste of typical Puerto Rican fare

## Book Information

Paperback: 152 pages

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## Customer Reviews

First released in 1956, Puerto Rican Dishes was written by Berta Cabanillas and Carmen Ginorio professors at the Rio Piedras Campus of the University of Puerto Rico. They wrote it out of a sense of duty to make available, in English, the recipes inherited from our ancestors. Having successfully published *Cocine a gusto* in 1950 the authors kept busy with the preparation of a new concoction; a Puerto Rican cookbook, in English, intended for North Americans living among us; a cookbook that would include not only recipes, but which would also help to familiarize them with new foods, its proper handling, cooking procedures and ingredients. Today, more than half a century later, Puerto Rican Dishes has seen many reprints and remains in continuous demand by newcomers to the island as well as by tourists who want to take home a bit of their culinary experience. Moreover, the book has also become a favorite of English speaking Puerto Ricans born and raised in the United States. Lately, with the ever-increasing interest in diverse regional cuisines, the book keeps finding new readers. This newly designed edition of Puerto Rican Dishes presents all of its valuable content with a fresher, more contemporary look that makes it easier to read and use. The text, with a few minor revisions, remains true to the voice and intentions of the authors. We trust that contemporary food lovers will continue to find in this book a useful introduction to the traditional recipes of Puerto

Rico and the Hispanic Caribbean. We hope that they will find the many possible ways there are for adapting ingredients and procedures that are not as common today. We chose to leave the text as untouched as possible, in deference to the growing fields of cultural and culinary studies. These studies are constantly enlightening us as to cooking traditions, practices, cultures and peoples. Readers will find that this book, while an excellent cooking guide, does reveal much about the Puerto Rico of the fifties, its gender roles. The authors address housewives as their assumed interlocutors and readers and highlight the importance of food as a means of sharing good times with family and friends. Whatever the readers approach to this hugely popular little book, we trust that delving into it will be a satisfying and fun experience. Enjoy... The Editors August 2009 --La Editorial Universidad de Puerto Rico --This text refers to an alternate Paperback edition.

The best Puerto Rican cuisine cookbook. I have to admit the truth here, for I met the author once and she was a total snub, but the recipes are good and easy to follow. Recipes were probably copied from the author's live in black female cook they had in her home. I doubt they are original recipes from the mind of the author. I have not only used this book (I have 2 copies), but have purchased a large number of copies and have given them away as wedding presents. I started that tradition with my own sister and she learned how to cook really well.

Arrived on time & very happy with the book as it has the recipes I grew up as a child. I have another book as well & with both books I'm an even better cook with my own twist!

We used whenever we can is a good when we do something special.

It was perfect. I had one ( a hardback) for 40 years and lost it. I just love the recipes.

Great recipes love it

Was expecting more Puerto rican main dishes

wife loved it

More great recipes!!

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